



Bulletin

PRINCIPAL'S MESSAGES

OC PICNIC & PUZZLE NIGHT

Thank you to the families who were able to attend the OC Picnic & Puzzle night last week. This popular event has been running for a number of years and we were delighted to be able to once again gather together. Existing Sturt families were able to meet new families and the puzzle challenges were hotly contested! Thank you to Mrs Hawkins for organising this event.



STAGE 3 EXCURSION

Stage 3 had a fantastic excursion to Melbourne and Ballarat this week. The students travelled well and were fascinated by the MCG and Sovereign Hill. Some even found gold! The students were very well behaved and we were very proud. Thank you to Mrs Livio and Mrs Hawkins who organised the excursion. Thank you also to the other supervising teachers, Mrs Morris, Mr West and Mrs Schneider.

EASTER HAT PARADE/RAFFLE/PHOTO OPPORTUNITY

Tomorrow will be the final day of term and we are so excited to have the Easter Hat Parade at 12.30. All parents and carers are welcome to attend. We will follow the parade with lunch and our Photo Opportunity. Have a photo with your children and maybe even a photo with the Easter Bunny!! This will be followed by our much-loved Easter Raffle. We have a wonderful supply of Easter eggs, which have been sorted into multiple prizes ready for the draw to take place after the Easter Hat Parade, under the COLA. Thank you to the Harper family for

assisting with this. There is a special draw for students who have brought in eggs and they can still bring in money to purchase tickets (\$1 per ticket) at any time.

OTHER EVENTS THIS YEAR.....

We plan on a number of events this year where parents can come and join their children, see the work they are doing as well as the improvements that have taken place around the school over the past couple of years. Getting to know the teachers and other parents at our school is a great way to build a network of contacts who can support us when we come up against the challenges of parenting. Consider becoming a part of the life of the school through joining the P&C, helping out in your child's classroom or volunteering in the canteen. The COVID guidelines now allow for these things to happen and your contribution will be much appreciated.

ANZAC DAY

ANZAC Day falls at the end of the holidays. We will have our captains placing a wreath on the cenotaph however our students are unable to join the ANZAC Day March this year. Our school will hold a formal assembly on Wednesday 27th April at 12.15pm.

OPPORTUNITY CLASS 2023

Online applications for Year 4 students seeking Year 5 Opportunity Class placement in 2023 open on Tuesday 26th April. Applications must be submitted online by Friday 13th May.

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5>

Please note that no late applications will be accepted. Information booklets are available at the front office. The Opportunity Class Placement Test will be held on Thursday 28th July 2021.

I wish everyone a COVID safe and happy holiday and look forward to seeing you back next term.

HOLIDAY WELLBEING SUPPORTS

This term has presented many challenges and new experiences for our young people. It is normal for

them to be experiencing some mixed emotions. Whilst the holiday period can be a time for relaxation and fun, this can also be a challenging time for some young people being away from usual routines and adjusting to changes. Keeping a check on our young people's mental health and wellbeing will be vitally important.

Here are some resources that can help parents and families to support young people during the holiday period and at other times when needed:

- Reach Out has tips to support teenager wellbeing
 - Parentline has advice around a range of topics that can assist parents in supporting young people
 - Head to Health to help you find services and resources to help yourself or your young person.
 - Headspace has some tips on Keeping healthy over the holidays - for friends and family
 - BeyondBlue has some tips on Supporting healthy home and habits
 - Beyond Blue on how to start conversations when you are worried about your young person
- You can also find support from the following services:

Kerry Barker
Principal

REMINDERS

WEEK 11

Friday 8 April	Easter Hat Parade & P&C Easter Raffle
	Last Day of Term

TERM 2

WEEK 1

Monday 25 April	ANZAC DAY - Public Holiday
Tuesday 26 April	Pupil Free Day
Wednesday 27 April	All Students Return
Friday 29 April	Cross Country

Mental Health Services and Support

Beyond Blue 24/7 mental health support service 1300 22 4636 beyondblue.org.au	headspace Online support and counselling to young people aged 12 to 25 1800 650 890 (Mon-1am daily) For wechat, visit: headspace.org.au/headspace	Kids Helpline 24/7 crisis support and suicide prevention services for children and young people aged 5 to 25 1800 55 1800 kidshelpline.com.au	1800RESPECT 24/7 support for people impacted by sexual assault, domestic violence and abuse 1800 737 732 1800respect.org.au
Lifeline 24/7 crisis support and suicide prevention services 13 11 14 lifeline.org.au	Suicide Call Back 24/7 crisis support and counselling service for people affected by suicide 1300 659 467 suicidecallbackservice.org.au	Mensline 24/7 counselling service for men 1300 78 99 78 mensline.org.au	QLife LGBTI peer support and referral 1800 184 527 (Open 10pm daily) qlife.org.au (online chat 3pm-12am daily)

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.

Partners: be you, Beyond Blue, Early Childhood Mental Health Support, headspace, Lifeline, National Suicide Helpline, National Sexual Abuse Helpline, National Domestic Violence Helpline, National LGBTIQA+ Support Line.

SPS CONTACTS



Download School Stream from Google Play or the App Store

School Page: <https://www.facebook.com/SturtPublicSchool/>



Canteen Page: <https://www.facebook.com/Sturtcanteen/>

P&C Page: <https://www.facebook.com/groups/236610536364187/>

OFFICE 02 6922 5087

HOURS Mon - 9am - 3:30pm

Tues - Fri 8:45am - 3:30pm

BEFORE & AFTER 02 6926 1643

SCHOOL CARE This is an externally operated service.

TEACHERS Email the school or call the office.

EMAIL sturt-p.school@det.nsw.edu.au

CANTEEN sturtcanteen@gmail.com

9:30AM - 12PM